

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6.00 - 7.00 AM	YOGA	AEROBICS	ZUMBA	FUN DANCE	AEROBICS
5.40 - 6.40 PM	ZUMBA	FUN DANCE	YOGA	STRENGTH & CONDITIONING	FUN DANCE

TIME	SAT
8.15 - 9.15AM	YOGA
11.00 -12.00 PM	FUN DANCE
2.15 - 3.15 PM	MUMMY & ME